7th ANNUAL GAIL GORIN MEMORIAL TURKEY TROT



To benefit The Leukemia & Lymphoma Society 5K – Run &

1- Mile Family Fun Run!

(race route officially measured and chip timed by Tri and Du it Multisport Racing Systems)

| When: | Thursday, November 2 | 5, 2009 Rain or Shine! | | | |
|--------|---|------------------------|--|--|--|
| Time: | Registration/Chip pick-up 7:45-8:45 a.m. Number pick up 7:45am to 8:45an day of race. Fun Run Race starts at 9:00 a.m.! 5K run starts at 9:15 a.m.! | | | | |
| Where: | Where: Smithtown Elementary School, Lawrence Ave., Smithtown, New York *SAVE TIME, REGISTER ONLINE AT www.lls.org/liturkeytrot* | | | | |
| | FIRST NAME | LAST NAME | | | |

| FIRST NAME | LAST NAME | |
|----------------------------|----------------------------------|-------------|
| STREET ADDRESS | | |
| CITY | STATEZIP CODE | |
| DAY TIME PHONE | EVENING PHONE | |
| AGEBIRTH DATE | SEX M_ | _F |
| PREDICTED FINISH TIME | SHIRT SIZESM | LXL |
| <u>5K -RUN</u> | 1- MILE FAMILY FUN RUN (based or | ı family of |
| \$20 pre-registered | \$40 pre-registered | |
| \$25 Race Day Registration | \$50 Race Day Reg | gistration |
| | \$15 each Individu | al Registra |
| | \$20 Individual Ra | ce Day Re |

MAIL FORM AND CHECKS MADE PAYABLE TO THE LEUKEMIA & LYMPHOMA SOCIETY:

The Leukemia & Lymphoma Society 555 Broadhollow Rd., Ste. 403, Melville, NY 11747; Attention Turkey Trot (must be received by mail or online at www.lls.org/liturkeytrot no later than midnight, November 24.)

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, waive and release all rights for claims and damages that I may have against The Leukemia & Lymphoma Society, its staff and representatives, the S.C.S.D., Smithtown Elementary School, The Town of Smithtown, the County of Suffolk and any and all sponsors or any of their agents, representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that my physical condition has been verified by a licensed medical doctor. Further I hereby grant full permission to any and all of the foregoing to use any photograph, videotapes, motion pictures, recordings, or any other record of this event for legitimate purposes. I understand the sponsor is under no obligation to verify my physical condition. I understand the Race Director reserves the right to reject any entry.

| SIGNATURE | *Parent's Signature if Runner is under 18 |
|-----------|---|
| | |

OVERVIEW

WHO WE ARE:

The Leukemia & Lymphoma Society is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. Founded in 1949, we are relentless in pursuit of our mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

WHAT WE DO:

Investing in blood cancer research:

Since the first funding in 1954, LLS has awarded more than \$600 million in research grants. Programs like the Specialized Center of Research (SCOR), which brings together teams of scientists from different disciplines and our Translational Research Program, which funds research with a high probability of producing innovative patient treatments in an accelerated time frame, have directly contributed to many breakthrough cancer treatments.

Research funded by the Society has led or contributed to advances such as chemotherapy, bone marrow and stem cell transplantation and new, targeted oral therapies such as Gleevec[®].

Providing critical information and support for patients and their families:

We made over 5 million contacts with patients, caregivers and health-care professionals in fiscal year 2008, through our Information Resource Center (IRC), our award winning Web site and community-based patient service programs. We put people together with experts through Web- casts and teleconferences, and provided professional education through seminars, to extend the latest findings to a broader professional audience.

Advocating for issues impacting blood cancer patients:

With more than 20,000 advocacy volunteers throughout the country, our voice is being heard by those responsible for legislation to fund blood cancer research and educational programs.

WHY WE DO IT:

The need is critical:

More than 912,938 Americans have leukemia, Hodgkin or non-Hodgkin lymphoma or myeloma. Every four minutes, someone new is diagnosed with blood cancer. Every 10 minutes, someone dies.

Leukemia causes more deaths than any other cancer among children under the age of 20. Lymphomas are the most common blood cancers and incidence increases with age. The survival rate for myeloma is only 37.1 percent. Incidence is more than twice as high among African Americans as for all other races.

HOW WE DO IT:

As a nonprofit, we rely on the generosity of individuals, corporations and foundations. Seventy-five percent of our total expenses support cancer research, education, advocacy and patient services. Major, annual fundraising campaigns include Team In Training[®], Light The Night[®] Walk, School & Youth ProgramsSM, Man & Woman

of the Year and The Leukemia Cup Regatta.

To learn more on how you can help, visit our website at Ils.org/li.

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THE LEUKEMIA & LYMPHOMA SOCIETY 555 Broad Hollow Road, Suite 403 Melville, NY 11747

7TH ANNUAL GAIL GORIN MEMORIAL TURKEY TROT



A COMMUNITY TRADITION

THURSDAY NOVEMBER 26, 2009

> SMITHTOWN ELEMENTARY SCHOOL

5K RUN & 1 MILE FAMILY FUN RUN



















REASONS TO BE PART OF OUR RACE

- The Leukemia & Lymphoma Society is the world's largest voluntary health organization dedicated to funding blood cancer research, education and patient services.
- However, leukemia still remains the number one cause of death among children in the US and strikes 10X as many adults as children.
- Events such as The Gail Gorin Memorial Turkey Trot help us raise the much-needed funds to get us to 100% cure rates for all patients.

LOCATION: S.C.S.D. Smithtown Elementary School on Lawrence Ave. Dressing and lavatory facilities and police controlled route will be available.

ELIGIBILITY: Open to all runners regardless of age, sex or disability.

START: 1- Mile Family Fun Run starts at 9:00 AM SHARP

5 K Run - starts at 9:15 AM SHARP

T-SHIRTS: Guaranteed to all pre-registered runners.

AWARDS: Plagues will be awarded to the top

overall male and female. Top three male and females for each age group in the following categories will receive a medal: 15 and under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,

80 and over.

*Award Presentation will be at 10:15 AM

FAMILY FUN RUN: First 50 finishers will receive a ribbon.

REFRESHMENTS: Fruit, bagels, juice, water available

for all registered runners. Water stop at halfway point.

1-MILE FAMILY FUN RUN (based on family of 4)

- \$40 Pre-registration per family by November 24th
- \$50 Day of Registration per family
- \$15 Pre-registered donation individual, adult or child
- \$20 Individual race Day registration

5K RUN

- \$20 Pre-registration by November 24
- \$25 Race Day registration donation

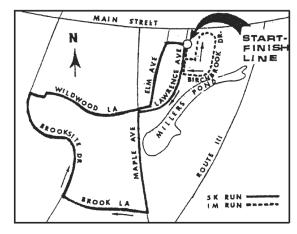
T-SHIRTS WHILE THEY LAST!

ALL REGISTRATIONS:

- Mail-in entries must be postmarked by November 24, 2009
- Number pick up 7:45 AM to 8:45 AM day of race
- Race Day Registration ends at 8:30 AM
- Online Registration closes November 24 at midnight

SAVE \$ AND TIME- REGISTER ONLINE AT WWW.LLS.ORG/LITURKEYTROT

THIS IS A RAIN OR SHINE EVENT!



DIRECTIONS BY CAR:

LIE to exit 56. Route 111. Go North to Jericho Turnpike (Middle Country Rd.) West through town. Left at 4th traffic light (Lawrence Ave.)

PREDICTED FINISH TIME

CODE

STATE PHONE F

EVENING X M

SEX

BIRTH DATE

www.lls.org/liturkeytrot

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Managed By REGISTER ON

SAVE TIME & MONEY!

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PHOTOCOPY FOR

by **November 24**

\$40 per family online by **November 24** \$50 per family day of race \$15 Individual Registration online by **November 24** \$20 Individual Race Day Registration

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 Online registration closes November